

Philippians 4:4-9

MEETS THE ROAD

⁴Always be joyful in the Lord! I'll say it again: Be joyful! ⁵Let everyone know how considerate you are. The Lord is near. ⁶Never worry about anything. But in every situation let God know what you need in prayers and requests while giving thanks. ⁷Then God's peace, which goes beyond anything we can imagine, will guard your thoughts and emotions through Christ Jesus.

⁸ Finally, brothers and sisters, keep your thoughts on whatever is right or deserves praise: things that are true, honorable, fair, pure, acceptable, or commendable. ⁹ Practice what you've learned and received from me, what you heard and saw me do. Then the God who gives this peace will be with you.

- Share about a time when you were worried or anxious.
- How do you and your family rejoice?

WHERE THE RUBBER

- What are some things about which you rejoice?
- Paul says to follow his example. Who are some people that you look to as examples or role models and why?