

# TABLE TALK

## Making Family Dinners More Meaningful

**HOW DID YOU  
HELP ANOTHER  
PERSON  
TODAY?**

**1**

**IS IT MORE  
FUN TO BE  
A CHILD OR  
A GROWN-  
UP?**

**2**

**DESCRIBE  
YOUR  
PERFECT  
DAY.**

**3**

**WHAT ARE  
YOU LOOKING  
FORWARD TO  
THIS WEEK?**

**4**

**BONUS Question**

If you could spend one week as a wild animal, which would you choose?