

## COVID-19 Illness policy

Staff/students who become sick or are exposed to COVID-19.

- Signs/symptoms of COVID-19 (as defined by the CDC) include:
  - Fever
  - Cough
  - Shortness of breath or difficulty breathing
  - Chills or shaking associated with fever
  - Muscle pain
  - Headache
  - Sore throat
  - New loss of taste or smell
  - Diarrhea
- Students or staff members who demonstrate symptoms of illness while on campus will:
  - Be escorted to the isolation area where they will remain and be monitored until they can be transported home or to a healthcare facility.
- If signs/symptoms are severe, the school will:
  - Call 9-1-1 immediately, then
  - Notify family members
- Students and staff members who have been sent home or to a healthcare facility due to COVID-19 symptoms must:
  - Obtain a COVID-19 test AND
  - Stay home until receiving a negative test response OR
  - Stay home and isolate using CDC guidelines:
    - 3 days with no fever AND
    - Respiratory symptoms have improved (e.g. cough, shortness of breath) AND
    - 10 days since symptoms first appeared
- Students and staff members who test positive for COVID-19 may:
  - Seek advice from personal doctor about the need for a second COVID-19 test
  - Return to school/work 10 days from symptom onset or after the first test (unless symptoms continue)
- If a student or staff member tests positive for COVID-19, the school will:
  - Maintain staff/student confidentiality
  - Report the illness to the Long Beach Health Department and follow the department's guidance for next steps including but not limited to:
    - Asking the person affected to identify all individuals (students, teachers, families and other staff) who have been in close contact with the person for two days prior to the onset of symptoms to the present.
  - Report the illness (and subsequent negative test results, if applicable) to all Bethany families while maintaining confidentiality.
  - Contact staff and students in close contact with the individual regarding next steps (see below) ○ Enforce anti-harassment and discrimination policies.
  - Temporarily close rooms used by the individual with COVID-19 for disinfection
  - Advise staff members regarding sick leave, telework, disability, family leave options
    - Be escorted to the isolation room where they will remain and be monitored until they can be transported home or to a healthcare facility.