



Bethany Lutheran School
Long Beach, CA

BEAR FACTS

Issue 9: October 25, 2022

FROM THE PRINCIPAL

We are beginning to use a new social-emotional learning curriculum to help our students develop and strengthen a growth mindset. The lessons center around these foundational skills: self-awareness, self-management, social awareness, relationship skills, and responsible decision-making. The lessons are engaging and timely, especially in light of the difficulty of the last couple of years!

Social-emotional learning acknowledges that students are not just empty containers that we fill with facts: they are developing emotionally, socially and spiritually as part of their educational journey and it is our privilege to come alongside and guide them.

A fellow Lutheran principal wrote, "God is very concerned for our social and emotional well-being. He created us to be beings that live and thrive in relationships. He also loved us enough to do the best social-emotional teaching that exists. He sent His Son, Jesus Christ, to be a model for us here on earth. Jesus showed us how to live in love the way God intends for us to live."

We're blessed to partner with you!
Dr. Fink

COMING UP

- **Oct. 27**-Makeup photos
- **Oct. 28**-End Quarter 1
- **Oct. 28**-Middle School Dance
- **Oct. 30**-OktoBEARfest!
- **Nov. 3-4**-Minimum Days for Parent/Teacher Conferences
- **Nov. 6**-Daylight Savings Ends
- **Nov. 6**-Trinity sings 8:00
Troubadour sings 9:30
- **Nov. 11**-Veteran's Day
- **Nov. 18**-Grandparents and Special Friends Day! Late start (8:30) and Minimum Day with noon dismissal
- **Nov. 21-25**-Thanksgiving Break
- **Dec. 4**-Bethany Christmas Concerts, 3:00 and 7:00 PM

Congrats

Congrats to these two winners from the 2022 Lutheran Schools Spelling Bee, held at Crean Lutheran High School this past weekend:

Adam Vega-1st Place
Ezra Anema-3rd Place



For October, Student Council has chosen for our offerings to help people around the globe get bibles in their own native languages! We are partnering with an established program that World Vision has in doing this. Our hope, similar to Luther's during the Reformation, is for people to hear the truth of God's love and grace through His word for themselves. We also ask that throughout this month you pray for the people who are about to get to read the Bible for the very first time and that the Spirit is preparing their hearts.

Cook's Night Out

This year, there will be no home cooking on Wednesdays! Join us every week for Cook's Night Out (CNO!)

- Oct. 26: Wahoo's & Handel's Ice Cream, LBX (Dinner and Dessert, they are right next to each other.)
- Nov. 9: BJ's, Cerritos

Know of a restaurant that would like to host a Cook's Night Out?

Email Jennifer Newton,
ms.jennifer.newton@gmail.com.

See you tomorrow at LBX! (Don't forget your flyer...you can print one from the newsletter or show it from your phone when you order!



Sports

It's girls' volleyball and boys' flag football season! We have two teams for each: JV (5th/6th grade) and Varsity (7th-8th grade.)

Here's the *game schedule for the next two weeks...come and cheer on the Bears!

Volleyball:

10/25: Away vs. Mt. Calvary

Football:

10/26: Away vs. St. Mark's

11/2: Home vs. Loving Savior

**Varsity at 3:30, JV at 4:30*

Last weekend of Bonus Fest! Oct. 28 - 30.

This weekend's featured brand is Home Depot. Great time to get those needed supplies for home repairs, perhaps a new appliance, or even holiday decorations. All gift card types qualify (must be ordered online).

You can shop all of the bonuses from Friday morning through Sunday evening. There are many lower denomination cards available at this time - great time to stock up on stocking stuffers and/or for keeping onhand for those last minute gifts. Happy shopping!

Ruth Lopez, Scrip Coordinator
rlopez@bethanylutheran.org
562-420-7783 ext. 58

Veteran's Day Project

Bethany Lutheran School looks forward to continuing the tradition of thanking veterans for their service this November and appreciates your help in advance! **We hope to thank as many veterans as possible** for their service by sending a package of student-created thank you cards to them by mail. The goal is for the package of thank you cards to arrive just before the Veterans Day holiday.

Please use this link to help us gather as many addresses as possible. Please submit a separate form for every veteran, and please feel free to share the link with anyone interested. Please complete the form(s) no later than Friday, October 28th, 2022. Thank you!

Please note that in order to keep the mailing list as accurate as possible, **we are collecting names annually**. Letters will only be mailed to those on the 2022 list. Thank you!

Submission link:

<https://forms.gle/aSjFFrgvYfg4xwtj9>

FISH Hours

Need hours?

Sign up to host a trunk or help with clean-up at Trunk-or-Treat!

We could use some help with the final Jog-a-thon wrap-up tomorrow at 9:30 in the library. Sign up here.

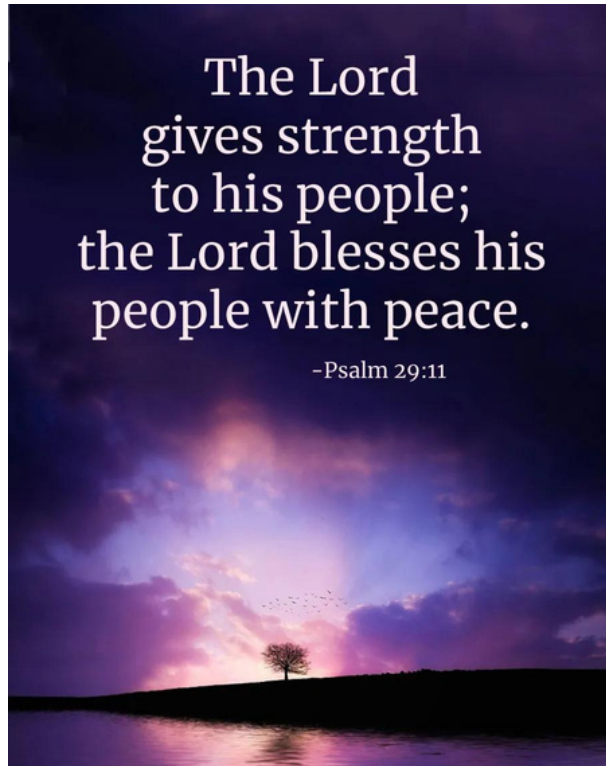


Parent Teacher Conferences are next week! Watch for a sign-up link in your email this week...we're looking forward to seeing you!



Middle School Corner

The 8th grade class selected their theme verse, and we pray that it fills their hearts throughout this year and into the future:



Grandparents and Special Friends Day

We are excited to return to this very special event!! Please use the blank invite(s) we sent home to invite your grandparent(s) or a special friend to join us. We want to have room for everyone, so please try to limit the number of guests you invite. God-willing, we will do this again next year! Thank you!



Edouard's shoebox story:

My parents worked hard to provide for our family in Senegal. We were a happy family without things. When I was 14, I received a shoebox gift and thought, "Who would care about a kid far away in a dusty country who didn't have food, who sleeps on the floor, who didn't go to school, who didn't have a toothbrush?" The person who packed my shoebox changed my life. God changed my life.

A few years later, I came to the U.S. to train as a track and field athlete. One evening, I was asked to come to a church to help move boxes. When I saw the red and green shoeboxes, I started to cry. "I received one of those!" I exclaimed. "I received a shoebox!"

Today, my life has come full circle. I now train athletes, speak to groups about packing shoebox gifts, and have become a pastor like my father, encouraging people to put God first and to share His love with others. "The most important thing to pack in your shoebox is your heart." There's a child waiting for you to pack a shoebox, to show God's love to them.

Read the full story: Edouard and a Green Yo-yo (samaritanspurse.org)

October collection items for Bethany school's packing party: small toys such as yo-yos, fidget-toys, hot-wheels, action or animal figures, marbles, jacks....)

Date:
Sunday,
October 30
4:30p-6:00p



Admission:
One bag of
candy per
family



Bethany Families,
come join our church, school & PTL for our
2022 Trunk-or-Treat & Okto-BEAR-fest event!

Bethany Lutheran Schools & the PTL need your help to make
this Trunk-or-Treat amazing!!

Here's how you can help:

Candy donations

Candy can be dropped off in the grade school office

OR with a preschool teacher at drop-off/pick-up

You can decorate your trunk & participate in the event fun

You can pick a theme and decorate your trunk with your family or friends
& pass out candy!

OR

You can help after the event with clean up & tear down

Sign up here for Trunks &
Clean-up spots.

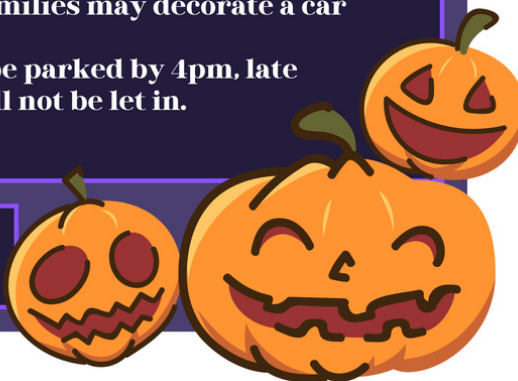


There are 35 car spots available!
Spots will be filled in a first come,
first serve order!

Trunk guidelines:

- **This is a young-child friendly event!**
Please avoid horror, gore, or disturbing
themes, instead think "cute & cuddly"!
- **Multiple families may decorate a car**
together.
- **Cars must be parked by 4pm, late**
arrivals will not be let in.

Please direct any questions to
Dr. Fink or Miss Tammy!





Parent Pages

RESOURCES FOR CHRISTIAN PARENTS IN THE 21ST CENTURY



Talking with Children about Violence

As parents, we seek to create a safe place for our children to grow. Yet, we attempt to make a safe space amid a world steeped in sin and violence. When violent events happen in our community or take over our media screens, our children are left with strong emotions and challenging questions.

We may want to respond by encouraging our children to ignore the news and reassuring them that violence is far away. However, for children, the nearness of an event is not the issue. The concern is the change they have experienced in their understanding of the world. A child who sees evidence of violence somewhere in the world will wonder, “What if it happens to me?” They are not concerned with the likelihood of violence happening to them, but they are trying to understand safety in light of new information. Children of any age, when faced with an altered view of the world, will focus on personal impact. This understanding is why it is essential to address the issue. Thankfully, as Christian parents, we have tools others do not possess.

“Peace I leave with you; my peace I give to you. Not as the world gives do I give to you. Let not your hearts be troubled, neither let them be afraid” (JOHN 14: 27).

Let’s look at each phrase in this comforting passage and connect it with God’s tools for addressing violent events with our children.

“Peace I leave with you.”

Especially when processing violent acts, Jesus directs us to His peace. This peace sits in our hearts as we discuss difficult things with our children. This peace



allows us to keep the discussion simple. We can talk about what happened and use honest words without detail. For example, telling a child that a person died is okay, but they don’t need to know all aspects of how it happened. Avoid phrases like “he passed” or “she went to sleep,” as this can cause confusion and fear. Remember that your goal is peace, so answer questions without adding new worries. Clear answers and your assurances of God’s peace will reaffirm your child’s understanding of safety. Remind your child that their Heavenly Father loves and protects them.

“My peace I give to you.”

We know the peace of Jesus because He redeemed us through the cross and grave. You build peace in your children by sharing your faith in devotions and weekly worship. All of the small discussions you have with your child, especially those that center on faith, will work to build a strong sense of peace that will help your child be resilient in the face of unsettling news. These small conversations and modeling your faith do much more for your child than you might imagine. Remind your children that their Savior is always with them.



“Not as the world gives do I give to you.”

The world does not seek to give you or your child peace. The goal of the world is to steal your peace and replace it with fear or anger. One of the best things you can do for your child to help them absorb complex information is turn off media. Your children will also pick up on your stress, so limiting your media consumption is wise. The more time we spend with the world, the less time we have for the Word. These two factors will significantly increase the damaging impact of violence. Remind your child that God’s Word is both true and eternal.

Instead of spending time on phones and tablets, lean into the healthy parts of your family’s routine. Do more things together. Take walks and talk. Play at the park. Read a book or play a game together. Connect with extended family. And eat meals together. Make a list of everyday activities — the simpler, the better. Then look at that list and consider where you can integrate the faith; where can you point your child to the love and care of God?

“Let not your hearts be troubled, neither let them be afraid.”

While we cannot eliminate our fear, God has given us a beautiful way to cope: prayer. When helping your child process violence, our best tool is to teach them how to pray. Remind your child that the Spirit aids us in our prayers. Here is a simple prayer form you can teach your child:

Dear God, I am worried about (list the fear). Please help us by (list a solution). Thank you for (show God gratitude). In Jesus’ name, Amen.

This prayer is a simple form of lament, and it will help process anxiety and draw your child back to the peace of Jesus. Be sure to send Jesus your laments, also. He understands the challenges of living in a sinful world. His love and care are there for you.

Parent Pages

VOL. 22, NO. 2 // OCTOBER 2022

Writer: Dr. Kim Marxhausen Designer: Erica Schwan

Scripture quotations are from The Holy Bible, English Standard Version, copyright © 2001 by Crossway Bibles, a division of Good News Publishers. Used by permission. All rights reserved. TO REPRINT: Permission is granted to reprint articles from this newsletter with the credit line “Reprinted with permission of LCMS School Ministry.”

Published by The Lutheran Church—Missouri Synod // 1333 S. Kirkwood Road, St. Louis, MO 63122-7295 // 314-965-9000 // lcms.org

© 2022 LCMS
PHOTO: GETTY IMAGES

A RESOURCE OF LCMS SCHOOL MINISTRY

Please bring or show this flyer at the register to support

Bethany Lutheran School

Wednesday, October 26, 2022

Valid for dine in and take out orders. 11 am - 8 pm



4201 McGowen St #205
Long Beach, CA 90808
(562) 354-2121

Wahoo's will donate 20% of your entire purchase to help support

Bethany Lutheran School

Flyers will only be accepted during time of promotion only at the location mentioned above. No flyers may be distributed in or around any Wahoo's location at anytime.

Both physical and digital flyers will be accepted at the register

Not valid on Doordash orders

wahoos.com

BETHANY LUTHERAN SCHOOL SPIRIT NIGHT



LONG BEACH

OCT 26TH

11AM - 10PM

Long Beach

4201 McGowen St, Suite 200, Long Beach, CA 90808

 **@HANDELSLONGBEACH**

WWW.HANDELSICECREAM.COM

**20% OF TOTAL PURCHASE WILL BE DONATED TO
BETHANY LUTHERAN SCHOOL**

Not valid with any other offer. Good at Long Beach Handel's only. Good this day and time only. Flyer distribution on Handel's property is prohibited and will result in forfeiture of your organization's entire donation.