

Bethany Lutheran School

Long Beach, CA

BEAR FACTS

Issue 7: October 11, 2022

FROM THE PRINCIPAL

Our kids have learned important safety procedures like "look both ways before crossing the street," "stop, drop and roll," and "duck and cover." They've learned how to exit the building quickly, quietly and safely in a fire drill. But as we are all painfully aware, we now live in a day and age where it is necessary to equip students with new safety skills: what to do in the face of a violent threat.

Here at Bethany, we partner with Safe Kids Inc., a team of law enforcement and education experts who have developed a curriculum that teaches these skills in a developmentally-appropriate and non-threatening manner: The H.E.R.O. Program. H.E.R.O. is an acronym for: Hide! Escape! Run! Overcome!

We will be teaching our H.E.R.O. lessons over the next few weeks. Your child will learn safe-thinking skills and empowerment strategies through ageappropriate activities, stories, classroom discussions, journaling, and student-parent discussion. I encourage you to visit Safe Kids Inc.'s website at http://www.SafeKidsInc.com to learn more. You can also download the free H.E.R.O. Companion Guide for Parents by clicking on the "Families" tab.



Blessings on your week! Dr. Fink

COMING UP

- Oct. 14-Jog-a-thon
- Oct. 14-Minimum Day-Noon Dismissal
- Oct. 18-PTL Meeting
- Oct. 19-21-6th Grade Camp
- Oct. 23- K-2 sings 9:30
- Oct. 27-Makeup photos
- Oct. 28-End Quarter 1
- Oct. 30-OktoBEARfest!
- Nov. 3-4-Minimum Days for Parent/Teacher Conferences
- Nov. 6-Daylight Savings Ends
- **Nov. 6-**Trinity sings 8:00 Troubadour sings 9:30
- Nov. 11-Veteran's Day
- Nov. 18-Grandparents and Special Friends Day! Late start (8:30) and Minimum Day with noon dismissal

Thank you for supporting our pizza dinner/bake sale fundraiser at the Fall Fling Open House! You're helping to send us to DC and NYC!

Bethany's 8th Graders





For October, Student Council has chosen for our offerings to help people around the globe get bibles in their own native languages! We are partnering with an established program that World Vision has in doing this. Our hope, similar to Luther's during the Reformation, is for people to hear the truth of God's love and grace through His word for themselves. We also ask that throughout this month you pray for the people who are about to get to read the Bible for the very first time and that the Spirit is preparing their hearts.

Cook's Night Out

This year, there will be no home cooking on Wednesdays! Join us every week for Cook's Night Out (CNO!)

- Oct. 12: Round Table Pizza, Lakewood
- Oct. 19: Super Mex, Lakewood
- Oct. 26: Wahoo's & Handel's Ice Cream, LBX (Dinner and Dessert, they are right next to each other.)
- Nov. 9: BJ's, Cerritos

Know of a restaurant that would like to host a Cook's Night Out?
Email Jennifer Newton,
ms.jennifer.newton@gmail.com.

See you tomorrow at Round Table Pizza! (Don't forget your flyer...you can print one from the newsletter or show it from your phone when you order!



Sports

It's girls' volleyball and boys' flag football season! We have two teams for each: JV (5th/6th grade) and Varsity (7th-8th grade.)

Here's the *game schedule for the next few weeks...come and cheer on the Bears!

Volleyball:

10/11: Home vs. St. Mark's10/13: Home vs. Loving Savior10/18: Away vs. Shield of Faith10/25: Away vs. Mt. Calvary

Football:

10/12: Away vs. Christ Lutheran10/19: Home vs. Shield of Faith10/26: Away vs. St. Mark's11/2: Home vs. Loving Savior

*Varsity at 3:30, JV at 4:30





Formerly ShopWithScrip

The second of four weekends of Bonus Fest is happening Oct. 14 - 16. This weekend's featured brand is Chili's. Featured brands for the following two weekends are Panda Express (Oct. 21 - 23) and Home Depot (Oct. 28 - 30). Check out all of the bonuses beginning each Friday morning and ending Sunday night. Stock up on your favorites and for the holidays!

New brands - UNTUCKit and HONEST! UNTUCKit offers casual men's shirts designed to be worn untucked so they fall at the perfect length. Enjoy a seamless way to look sharp and feel casual. Shop new fall arrivals, the wrinkle-free collection, or find your perfect fit with their Fit Finder. Available as eGift cards from \$25 - \$250. (9%)

Shop honestly safe baby, beauty, and wellness products that are clean, sustainable, and well-designed. Choose from individual products to convenient subscription options while experiencing the great feeling of taking care of yourself and the planet, topped with earning a rebate. Welcome to the Honest life. Available as eGift cards from \$25 - \$250. (7%)

FISH Hours

The Jog-a-thon is THIS FRIDAY!

We need VOLUNTEERS for the event.

This is a great way to earn those

FISH Hours!

Sign up here: https://bit.ly/JOG2022



Veteran's Day Project

Bethany Lutheran School looks forward to continuing the tradition of thanking veterans for their service this November and appreciates your help in advance! **We hope to thank as many veterans as possible** for their service by sending a package of student-created thank you cards to them by mail. The goal is for the package of thank you cards to arrive just before the Veterans Day holiday.

Please use this link to help us gather as many addresses as possible. Please submit a separate form for every veteran, and please feel free to share the link with anyone interested. Please complete the form(s) no later than Friday, October 28th, 2022. Thank you!

Please note that in order to keep the mailing list as accurate as possible, **we are collecting names annually**. Letters will only be mailed to those on the 2022 list. Thank you!

Submission link:

https://forms.gle/aSjFFrgvYfg4xwtj9



Middle School Corner

Middle School Families!

SAVE THE DATE for the spring musical
Thursday, February 9, 2023
9:00 am & 6:30 pm
ALL middle school students participate in
this event so please plan to attend and invite
your family and friends.



"Therefore, since we are surrounded by such a great cloud of witnesses, let us throw off everything that hinders and the sin that easily entangles. And let us run the 'bases' with perseverance on the path marked out for us, fixing our eyes on Jesus, the pioneer and perfecter of faith." Hebrews 12:1-2



Parents, you are all members of the Parent Teacher League, our amazing group of parent leaders/volunteers and an important part of making Bethany such a special place.

Our biggest fundraiser, the Jog-a-thon, is coming on October 14. Don't forget to set up your Pledgestar account and, if you're free, sign up to help with the event!



Edouard's shoebox story:

My parents worked hard to provide for our family in Senegal. We were a happy family without things. When I was 14, I received a shoebox gift and thought, "Who would care about a kid far away in a dusty country who didn't have food, who sleeps on the floor, who didn't go to school, who didn't have a toothbrush?" The person who packed my shoebox changed my life. God changed my life.

A few years later, I came to the U.S. to train as a track and field athlete. One evening, I was asked to come to a church to help move boxes. When I saw the red and green shoeboxes, I started to cry. "I received one of those!" I exclaimed. "I received a shoebox!"

Today, my life has come full circle. I now train athletes, speak to groups about packing shoebox gifts, and have become a pastor like my father, encouraging people to put God first and to share His love with others. "The most important thing to pack in your shoebox is your heart." There's a child waiting for you to pack a shoebox, to show God's love to them.

Read the full story: Edouard and a Green Yo-yo (samaritanspurse.org)

October collection items for Bethany school's packing party: small toys such as yo-yos, fidget-toys, hot-wheels, action or animal figures, marbles, jacks....)



Join us as at our Okto-bear-fest celebration on Sunday, October 30th!

Activities include our Trunk or Treat, a traditional German feast with all the trimmings, a day of live entertainment, good food, plenty of fun and fellowship with the entire Bethany family!

·4:30 - 6:00 PM.....Bethany Lutheran Schools, "Trunk or Treat" in the Bethany Parking Lot (Admission: one bag of candy per family)
·5:30 PM.....Costume Parade

·4:30 - 6:30 PM.....Food is Served ·4:30 - 7:30 PM.....Oktoberfest (under the tent) (Order food/drink tickets below)

This event is the one time the entire Bethany community gathers during the year. Families from the congregation and from the Schools of Bethany join together to connect with each other; enjoy one another's company and celebrate the One sent into the world for us, Jesus, who sends us out into the world for others.

To order food & beverage, an event T-shirt; (or if you wish to make a monetary donation to offset Okto-bear-fest expenses) visit

https://bit.ly/Okto-bear-fest22 or use this QR code



Date: Sunday, October 30 4:30p-6:00p



Admission: One bag of candy per

family



Bethany Families, come join our church, school & PTL for our 2022 Trunk-or-Treat & Okto-BEAR-fest event!

Bethany Lutheran Schools & the PTL need your help to make this Trunk-or-Treat amazing!!

Here's how you can help:

Candy donations

Candy can be dropped off in the grade school office OR with a preschool teacher at drop-off/pick-up

You can decorate your trunk $\operatorname{\mathscr{E}}$ participate in the event fun

You can pick a theme and decorate your trunk with your family or friends & pass out candy!

OR

You can help after the event with clean up & tear down

Sign up here for Trunks & Clean-up spots.



There are 35 car spots available! Spots will be filled in a first come, first serve order!

Trunk guidelines:

- This is a young-child friendly event!
 Please avoid horror, gore, or disturbing themes, instead think "cute & cuddly"!
- Multiple families may decorate a car together.
- Cars must be parked by 4pm, late arrivals will not be let in.

Please direct any questions to Dr. Fink or Miss Tammy!





BETHANY LUTHERAN SCHOOL

DONATING BACK 20%

WEDNESDAY, OCT. 12 | 5 TO 9PM 5250 FACULTY, LAKEWOOD

<u>DINE IN</u>: Bring in this flyer or mention Bethany when you order.

PHONE IN: Call 562-408-1914 & mention Bethany when you order.

<u>WEBSITE</u>: In order notes/special instructions type Bethany Lutheran.



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