



Bethany Lutheran School
Long Beach, CA

BEAR FACTS

Issue 1: August 30, 2022

FROM THE PRINCIPAL

Welcome to the 2022-2023 school year! We've been praying for our students and families these past weeks of preparation, and now it's time to launch our amazing journey together.

It's my personal tradition to share a special Scripture with students and families as we begin the year. It's one that has given me strength and encouragement when facing big tasks (like a new school year!):

"Don't be frightened by the size of the task, be strong and courageous and get to work. For the Lord my God is with you, He will not forsake you, He will see to it that everything is finished correctly." 1 Chronicles 28:20

God bless you, Bethany families, and God bless our school year together!

Dr. Mary Fink, Principal



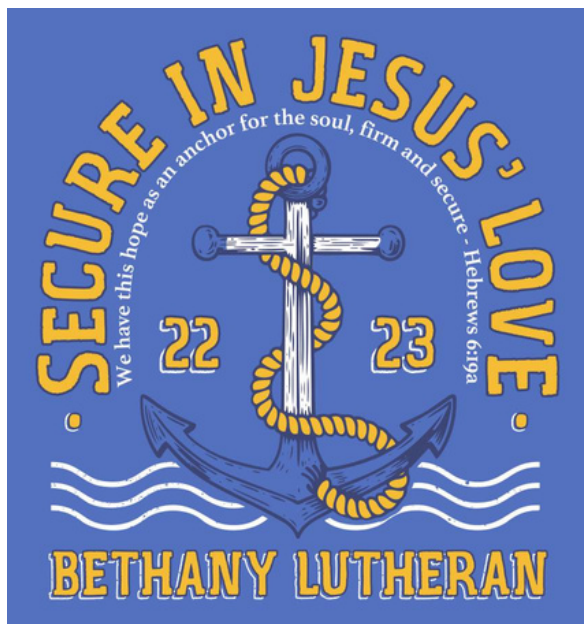
Need lunch?

Sign up for [Choicelunch](#) using our code:
: bethany

The **Bear Facts** is our weekly school newsletter. We will email it every Tuesday, post on our website and app AND text you a link so you can read it on your phone! (Can you tell we REALLY want you to read it every week??)

COMING UP

- **Aug. 30**-First Day of School, minimum day, out at noon
- **Aug. 31**-Late start for Grades 3-8, doors open at 8:30
- **Sept. 1**-7th Grade camp meeting-6:30
- **Sept. 2**-Free Dress Day
- **Sept 5**-Labor Day-No school
- **Sept. 6**-8th Grade DC Meeting
- **Sept. 8**-New-to-Bethany Parent Zoom-6:30
- **Sept. 10**-Raise a Glass Fundraiser
- **Sept. 15**-6th Grade Camp Meeting-6:30
- **Sept. 16**-School Photo Day!
- **Sept. 19-23**-7th Grade Camp
- **Sept. 23**-Minimum Day-Noon Dismissal



Our school theme this year reminds us that Jesus' love for us is an anchor, firm and secure. Theme t-shirts are coming soon!

COVID Safety

If your student develops symptoms, please keep him/her at home. Obtain a COVID test kit (available in the school office) and test for COVID.

A student may return to school when:

- Symptoms have resolved and the student has been fever-free for 24 hours.
- The student has a negative COVID test after Day 5 OR it has been 10 days since symptom-onset.

If your student has been exposed to COVID, test on Day 1 and again on Day 5. If no symptoms develop and the student tests negative, he/she may continue to attend school.

If you have further questions, please contact the school office.

Praying for a healthy school year!

Camp/Outdoor Ed Meetings

Parents, please plan to attend the mandatory information meetings for these events:

7th Grade: Sept. 1, 6:30

8th Grade: Sept. 6, 6:30

6th Grade: Sept. 15, 6:30

New for 2022-2023

New Faces!

- We have 33 new students, including our 25 Kindergarteners!
- We have a NEW additional first grade teacher, Mrs. Shannon Morgensen.
- Miss Samantha Root is our NEW fourth grade teacher.
- Mrs. Diana Orr is our NEW first grade aide.
- Miss Brianna Ojeda is taking on a NEW additional role as our second grade aide (still our counselor, too!)
- Miss Jessica Dueker is our NEW art teacher.
- Maestra Mara Hernandez is our NEW Spanish teacher.
- Mrs. Alissa Brege is our NEW PE teacher.

NEW curriculum materials:

- We have newer versions of our K-2 reading and K-5 math books.
- We have a new reading curriculum for Grades 3-5.

Also NEW:

- Mrs. Lange and Miss Hinrichs' classrooms have new LED lighting and ceiling panels.
- We have some new stand-up desks and wobble chairs/stools in some classrooms.
- We have a new outdoor volleyball court on the field (thank you, PTL!)

Meet the Staff

K- Mrs. Kendell Blake
1st- Mrs. Lori Lange
1st- Mrs. Shannon Morgensen
2nd - Miss Stefanie Hinrichs
3rd - Miss Alicia Arzaga
4th - Miss Samantha Root
5th - Mrs. Melissa Rodrigues
MS History- Mr. Andrew Morner
MS Math- Miss Abby Einspahr
MS English- Mrs. Carrie Evans
MS Science- Mr. Paul Brege
MS Spanish- Maestra Hernandez
K Aide- Mrs. Christi Koehlinger
1st Aides- Mrs. Sandi Skiles,
Mrs. Diana Orr
2nd Aide- Miss Briana Ojeda
3rd-5th Aide- Mrs. Shelly Donham
Workroom- Mrs. Jen DiCecca
Student Success-Mrs. Jill Moorman
Mrs. Connie Kritzer
Math Int. - Mrs. Sarah O'Conner
Art Teacher- Miss Jessica Dueker
Music Teacher- Mr. Kevin Bowers
Custodian- Mr. Steven Lee
School Secretary-Mrs. Kim Yoshiyama
Admissions - Mrs. Sara Cerulle
Events/HR- Mrs. Kathy Tucker
Scrip Coord.- Mrs. Ruth Lopez
Financial Admin-Mrs. Maraley Shaeffer
EDC Director- Ms. Carlota Brown
EDC Staff-Michelle Fischer, Marvella
Soltero, Samantha Sanchez
Pastor- Rev. Kevin Kritzer
Pastor- Rev. Kyle Blake
DCE/Youth -Mrs. Kayleigh Lopez
DCE/Care- Mr. Karl Fink
Principal- Dr. Mary Fink

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School Photos

School pictures are scheduled for Friday, Sept. 16. Please avoid out-of-school appointments that day. We do have a make-up day for absent students, but they will not be in the class photo.

Your picture package is pre-paid with your registration fee. You may also order additional prints.

Students should be in uniform dress for photos.



Welcome!

New-to-Bethany Parent Orientation is scheduled for Thursday, Sept.8 at 6:30 PM by Zoom. (We will email you the link later.) This informational meeting IS REQUIRED and it is important that one or both parents attend. You will receive your electronic copy of our Parent Handbook, meet members of the staff and Bethany community and hear about many of the happenings here on the Bethany campus.

We're looking forward to seeing you!



RaiseRight™

Formerly ShopWithScrip

The school year is upon us! Welcome Back Bethany Bears! Now is the time to ramp up your **tuition rebate earnings!** If you are currently using Scrip, be sure to make the settings in your Scrip account allow for emails so you can get the latest information on daily flash bonuses and other special deals. If you are a RaiseRight app user be sure to check the app daily for those bonuses and deals.

Never miss an opportunity to make your rebate the best it can be! If you haven't been using Scrip, I encourage you to get started today! RaiseRight.com or the RaiseRight app.

Call or email me with any questions you may have or to get the enrollment code.
Happy to help!

Ruth Lopez, Scrip Coordinator
rlopez@bethanylutheran.org
562-420-7783 ext. 58

FISH Hours

FISH stands for "Families Involved in Service Hours." Each Bethany family is required to give 5 hours of service each year. (Many of our families serve many more than 5 hours!) You can serve at events, drive for a trip/sport, bring in classroom supplies, assist your child's teacher and so much more.

You can log your FISH hours from the [Bethany website](#) OR from Gradelink. We'll send you a "FISHing Report" each quarter to let you know how many hours you've served.



CHAPEL OFFERING

Typically we take a weekly offering during our chapel services that is used to support a charity. These offerings teach our students the importance of using our financial blessings to make a difference in the lives of others.

For August/September we will be donating to [Lutheran Immigration and Refugee Service](#). Their "Neighbors in Need: Ukraine" program will help provide essential support for newly arrived families, including emergency medical care, temporary housing, financial support for basic necessities, and more.

Chapel offerings are entirely voluntary, but we encourage you to support this worthy aid organization!

Dr. Mary Fink	Principal, Advanced Hand Bells 7/8, General Hand Bells 7/8	mfink@bethanylutheran.org
Mr. Andrew Morner	History 6/7/8, Literature 8, Spiritual Formation 8, Phys. Ed./Health, Advisory, Athletic Director	amorner@bethanylutheran.org
Ms. Abby Einspahr	Math 6/7/8, Spiritual Formation 6/7, Phys. Ed./Health, Advisory	aeinspahr@bethanylutheran.org
Mrs. Carrie Evans	English 6/7/8, Literature 6/7, Phys. Ed./Health, Advisory	cevans@bethanylutheran.org
Mr. Paul Brege	Science 6/7/8, 7th Blue Math, Technology Assistant, Advisory	pbrege@bethanylutheran.org
Mrs. Sarah O'Conner	Math Intervention Specialist, 6 Gold Math	soconner@bethanylutheran.org
Maestra Mara Hernandez	Spanish 6/7/8	mhernandez@bethanylutheran.org
Mr. Kevin Bowers	Chimes 6	kbowers@bethanylutheran.org
Ms. Jessica Dueker	Art	jdueker@bethanylutheran.org
Mrs. Alissa Brege	Student Council Advisor	abrege@bethanylutheran.org
Mrs. Moorman	Advisory	jmoorman@bethanylutheran.org
Kayleigh Lopez	Middle School Group	klopez@bethanylutheran.org



Music Academy

Bethany's Music Academy provides extra-curricular music instruction to students in Grades 2-8 after school, M-F between 3:15 and 6:30 PM.

We have Christian instructors who are professionals in their field and offer lessons in piano (Grades 2 and up) and trumpet (4th grade and up.)

Tuition is \$300 per semester plus a \$25 registration fee which covers 12 lessons each semester.

Brochures and enrollment forms are available in the school office or [on the church website](#). Enrollment forms are due September 9.



Girls and boys around the world have experienced the transforming power of the Gospel because a child, family, church, or group lovingly packed a shoebox gift. Bethany students will participate in a giant packing party on November 16, transforming empty shoeboxes into fun gifts.

Last year, our students packed 220 boxes and each box bore the handprints of one of our preschoolers with the message - "Place your hand on our handprints and think about us. We prayed for you. Jesus loves you and so do we."

During September, you can help with donations of school supplies - pens, pencils, block erasers, sharpeners, notebooks, markers, colored pencils, or small calculators (dollar store calculators are fine). Kindly drop off items in the Operation Christmas Child container in the school office.

PTL

Parents, you are all members of the Parent Teacher League, our amazing group of parent leaders/volunteers and an important part of making Bethany such a special place.

We'll need your help to pull off our events in the year ahead (and it's a great way to earn FISH hours!) Please [click this link](#) and let us know where you'd like to plug in!

Our first PTL meeting of the school year will be on Sept. 27. Watch for more details in the weeks to come!



Never make lunch again!

Or at least take a break.

Our recipe is simple: deliver honest foods parents feel good about, and kids love. Order with confidence in knowing that we feed your kids like our own. We can't wait to serve you and "cook up" delightful ways to provide your family with a great lunch experience.

Choicelunch co-founders' kids are customers.

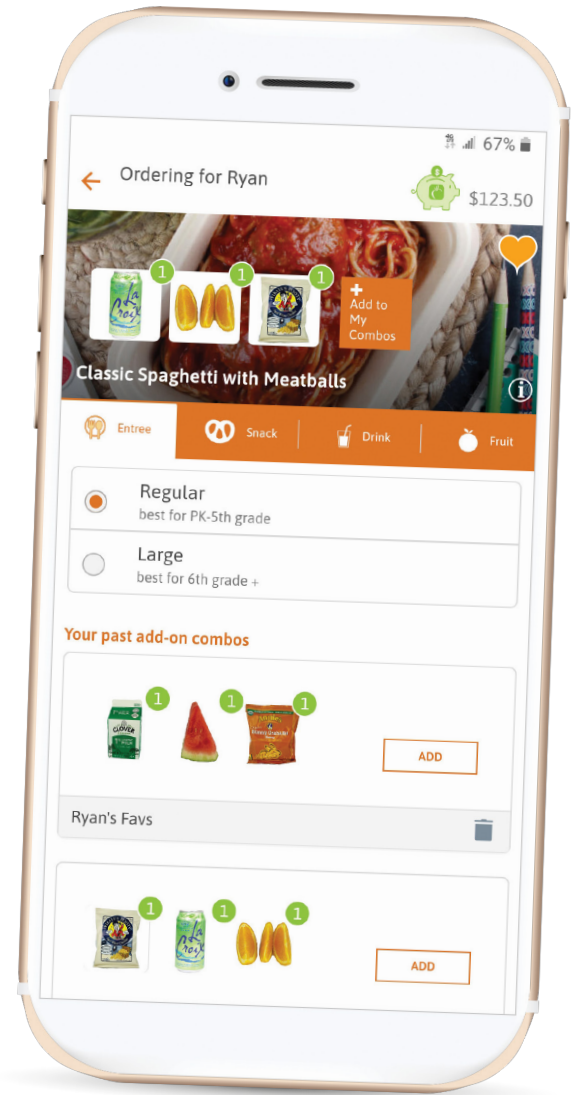
cto's kids



ceo's kids



coo's kids



order.choicelunch.com

Get the App  

Our Promise to Your Kids.

We use whole, fresh ingredients sourced responsibly from trusted partners. We avoid anything artificial or processed, especially:

- ⊘ High Fructose Corn Syrup (HFCS)
- ⊘ Added Nitrates/Nitrites
- ⊘ Artificial Sweeteners or Colors & Flavors
- ⊘ Partially Hydrogenated Oils
- ⊘ Nuts of any kind

We source fresh, antibiotic-free chicken and beef. With our fresh fruits and veggies, if it's on the EWG's Dirty Dozen list, we make every effort to source organic.



We feed your kids like our own.

QUESTIONS? We have a support team on standby! Contact us online or email support@choicelunch.com. Visit our website at choicelunch.com for more information.

continue →

Sign up and save time.

Want to save money too?

Whether you prefer Choicelunch twice a week or every day, we encourage you to **save money with Meal Plans**, our flexible monthly subscription service.

It's flexible, so you're never locked in.

Sign up for the plan that best suits your family's needs: 2-day/week, 3-day/week, or Everyday. Meal Plans are billed monthly, allowing you to change plans or cancel anytime.

All Meal Plans include an entrée and three standard sides (snack, drink, fruit/veg). There's option to upgrade to large and premium entrées for an additional \$1/per day.



Why Families ❤️ Choicelunch

- 1. Convenience.** Our goal is to make lunch super simple and stress-free for our families.
- 2. Choicelunch app.** Order lunch in less than 10 seconds, anywhere!
- 3. Full control.** Order everything online - an entrée, sides, fruits/veggies, and drinks.
- 4. Variety.** Up to 16 options daily, including hot and cold entrées, plus over 40 sides.
- 5. Allergen filter.** Customize your menu to only show items that meet your student's dietary needs & preferences.
- 6. Whole ingredients.** We use whole, fresh ingredients sourced responsibly from trusted partners.
- 7. Registered dietitian.** We work with a registered dietitian to review and approve every ingredient and recipe we use.
- 8. Earth-friendly.** We source compostable or 100% post-consumer recyclable packaging.
- 9. Clear deadlines.** Order by noon, 3-days before lunch is served for the full menu.
- 10. Customer support.** Our customer service is bar none. Contact us online or email support@choicelunch.com.

SIGN UP IS EASY!

School lunch is just a tap or click away when you download our mobile app, or open our website.

- 1. Open an account.** Enter your information and child's dietary preferences and food allergies.
- 2. Choose one:** Meal Plans or Pay-as-You-Go. We suggest you try Meal Plans. You can cancel anytime.
- 3. Select an entrée.** Up to 16 options daily, including a variety of hot and cold entrées.
- 4. Choose your add-ons.** Select as many sides + drinks + fruits/veggies as you want.
- 5. Order by noon,** 3-days in advance for the full menu or by 9 am the day before from the limited menu.

Scan to Start!



or visit order.choicelunch.com

