

Bear Cub Facts



INSPIRING LIFE-LONG LEARNING

THE SCHOOLS OF
**BETHANY
LUTHERAN**

CULTIVATING CHRISTIAN CHARACTER

February 2, 2022

To provide quality Christian early childhood education in a safe, loving and caring atmosphere; daily teaching God's forgiveness and love through our Savior, Jesus Christ.

Covid News

Upcoming Dates

Parents, you can help keep our Bears Cubs safe by:

- Monitoring your child for illness.
- Keeping your child home if he/she shows ANY signs of illness, then Covid testing before return (even if your child is fully vaccinated.)
- Keeping your child home if he/she is exposed to COVID (family members, friends, etc.) unless he/she is fully vaccinated.

If students are exposed to COVID and are not fully vaccinated, they must quarantine for 5 days. If no symptoms develop and they test negative on Day 5, they may return to school on Day 6.

If students test positive for COVID, they must quarantine for 10 days and may return to school once they are symptom free for 48 hours.

If you have any questions, please ask.

February 13 Church Singing cancelled

February 17 1/2 day noon dismissal (NLSA training) **VIP/Grandparent's Day postponed until further notice**

February 18 Virtual Parent/Teacher conferences—**Center CLOSED to students**

February 21 Preschool CLOSED for President's Day

March 4 Spring Open House 6:30 -8 PM

Church Newsletter

The Bethany Bullet is a weekly capsule of worship highlights and big information that your brain may or may not have 'downloaded' from the prior Sunday. The purpose is to bolster you in faith, build you up in the key Biblical themes shared the previous Sunday in worship, to bring to mind the important issues on Bethany's plate and to broaden your awareness of opportunities of service to your Lord, your church, and your community. Tell a friend about *The Bethany Bullet!* (www.bethanylutheran.org)



ShopWithScrip®

Super Bowl LVI is just around the corner (Sunday, Feb 13). Rams vs Bengals! Don't forget to use Scrip to purchase supplies and food for your Super Bowl fun! We have your groceries covered with Safeway (Vons, Pavilions, Albertsons), Sprouts, Stater Bros and Smart & Final. Ordering out? Lots of options there! Pizza, wings, and so much more! We have some cards in stock and ready for pick up. There are many more options available on ShopWithScrip or the RaiseRight app. Want your food delivered? There's DoorDash, GrubHub and Uber Eats for that!

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Parent/Teacher Conferences

Parent/Teacher conferences will be held virtually on Friday, February 18th. This is a great opportunity for you to connect with your child's teacher and going over your child's assessment. It is very important for us to work together to provide goals for your child's continued growth. Assessments will be going home at the beginning of the week for your review. And so you can gather any questions you may have. Conferences are approximately 15 minutes and your teacher will be sending out your zoom link so be sure to be looking for it that week.



Parent-Teacher Conferences

Reminder: The preschool is CLOSED to students for the day, February 18th..



Thank you for participating in our

Bethany Lutheran Church Spirit Day!

People like you make our community a great
place to live...and to learn!

Please stop by Chick-fil-A in Lakewood and
present this card when you purchase your meal
to support our program and provide a better
future for our Students!

Based on the Days sales from our families,
Chick-fil-A will make a donation to our
programs!!

Again, THANK YOU!

Valid @ LAKEWOOD Chick-fil-A Only

Wednesday, Feb 9, 2022

6:30AM-9PM

Chick-fil-A is closed on Sundays

Parent Academy



Conscious Discipline®

Sometimes it seems like your preschooler has the innate ability to push you to the outer edge of your patience. And that is on a good day. Fear not mom's and dad's. You are not alone. Each preschool newsletter will feature a question and answer technique from our Conscious discipline curriculum that will provide encouragement, tips and tricks.

What can I do to promote early learning?

1. Play with your child and provide opportunities for them to play. Play is essential for healthy brain development. The over scheduled child attending academic preschools is actually thwarting their own physical, intellectual, social, and emotional development.
2. Turn off the TV. The types of behavior necessary to succeed in school are completely different from those fostered by television. A young child's developing brain is largely shaped by his/her environment. The average child will spend an estimated 5,000 hours in front of the TV before entering first grade (TV Turn Off Network). Yet, research shows that the child's brain develops by "doing," not "watching." Children need activities that stimulate the frontal lobe by involving all the senses, not just passive viewing.
3. Read and talk to your child. Phonemic awareness of sounds comes from listening to the human voice. The sounds that the young child hears wire the brain with the first building block for reading. So talk-talk-talk and read-read-read to hardwire the brain for later academic success.
4. Model the joy of learning and discovery. This means you have to turn off the TV and engage in reading and other activities that keep the mind active. Let your child see you writing; give them writing tools, paper and books. Every time your child sees you writing a phone message, reading a recipe, writing a grocery list and reading a paper, magazine or book, you are modeling the usefulness of reading and writing. Explore museums, zoos and parks together. Take walks and discover the outdoors. These types of activities all stimulate early learning.
5. Connect with your child. Connections with the people in their lives boosts children's brain potential, encourages cooperation, promotes learning and literacy, increases attention, decreases power struggles and builds loving bonds. This happens because connections on the outside literally build neural connections inside the child's brain. Dedicate plenty of time to other connecting rituals that include eye contact and touch in a playful setting.