

Bear Cub Facts



INSPIRING LIFE-LONG LEARNING

THE SCHOOLS OF
**BETHANY
LUTHERAN**

CULTIVATING CHRISTIAN CHARACTER

December 8, 2021

To provide quality Christian early childhood education in a safe, loving and caring atmosphere; daily teaching God's forgiveness and love through our Savior, Jesus Christ.

Preschool Christmas Service

Please join us for the Christmas service on Friday, December 17th at 10:45 AM where we will be telling the story of Jesus' birth through book and songs. If your child does not regularly attend on Fridays, they NEED to arrive by 10:30 AM. Staff will escort your child to their classroom so please wait at the play yard gate.

We will open the rolling gate at 10:00 for additional parking, but it will be limited so you may need to park on the street. The church doors will open at 10:15 AM. There are extra seats located in the Narthex as well.

To ensure the safety of our guests all attendees MUST wear masks in the church. The children will be wearing masks as well, even while singing. The church doors will remain open at all times to allow for airflow. **If you or your child or a guest is feeling ill, please stay home.**

To keep distractions to a minimum, we are asking that your child wear a plain red or white top with dark bottoms. A red or white dress is fine as well.

We will be live streaming the Christmas service for those family members who are unable to attend. <https://youtu.be/4nNfnblP6pl>. This private link will also allow you to view the service at a later time.

All families are asked to remain seated after the service until ALL of the preschool students have left the church. All of the students will be going back to their classrooms, one parent may come to the classroom door where the teacher will then dismiss your child.

After the service, there will be a small reception until 11:40 at which time we will begin our noon dismissal for those left in attendance.

Upcoming Dates

- ◆ **Now until Dec. 10**– Scholastic book Fair
- ◆ **Dec. 10**– Picture order forms due by 9 AM
- ◆ **Dec. 13th**– Project Shepherd food items needed
- ◆ **Dec. 14th** Project Shepherd packing party
- ◆ **Dec. 17th**—1/2 day with noon dismissal
- ◆ ****Preschool Christmas service @ 10:45**
- ◆ **Dec. 22-Dec 30**– Preschool CLOSED Christmas Break
- ◆ **Jan. 3**– Preschool resumes

Church Newsletter

The Bethany Bullet is a weekly capsule of worship highlights and big information that your brain may or may not have 'downloaded' from the prior Sunday. The purpose is to bolster you in faith, build you up in the key Biblical themes shared the previous Sunday in worship, to bring to mind the important issues on Bethany's plate and to broaden your awareness of opportunities of service to your Lord, your church, and your community. Tell a friend about *The Bethany Bullet!* (www.bethanylutheran.org)



Sounds
of the
Season



ShopWithScrip®

Dazzle Days are here! November 27 - December 10. Brands are offering generous earnings on gift cards so you can be generous with your holiday gifting. Take advantage of two-week bonuses and surprise mystery bonuses in the RaiseRight mobile app.

Check the homepage on the RaiseRight app every day to reveal surprise bonuses that disappear in 24 hours. Bonuses will also be available for purchase on ShopWithScrip.com. Includes all card types! (physical, eCards, reloads)

This is a great opportunity to get ahead of the rush and make sure you have everything you need for your shopping and gift giving needs!

Ruth Lopez, Scrip Coordinator
rlopez@bethanylutheran.org



Meet a Board Member

The governing board of Bethany Lutheran School is comprised of six members of the church. They are elected to serve a three-year term. We are grateful for their sacrifice of time and talent. Meet a Board Member

Name: Cindy Morlok

Family information: Husband Doug, 2 daughters, 7 grandchildren

Current and/or past career(s): 2nd Grade teacher with LBUSD

Member of Bethany for 26 years.

"Why do you choose to serve on the Board of Schools?": "Bethany is doing wonderful things with their instructional/spiritual program and with my love of teaching, it's a great fit."



Cook's Night Out



Cook's Night Out to Benefit 8th Graders DC Trip

Date: 12/17/21

Time: All Day

Location: Anywhere in the US

Details: Online orders only! Apply code 905576 in the coupon code box during online checkout at order.pandaexpress.com or via App

Parent Academy



Conscious Discipline®

Sometimes it seems like your preschooler has the innate ability to push you to the outer edge of your patience. And that is on a good day. Fear not mom's and dad's. You are not alone. Each preschool newsletter will feature a question and answer technique from our Conscious discipline curriculum that will provide encouragement, tips and tricks.

My daughter is really bossy. She bullies her sister and bosses her friends around when they come over. What can we do to discourage her from behaving this way?

Discouraging a child or a child's behavior (young children do not separate who they are from what they do) is dangerous ground to walk on. Discouragement is like taking an antibiotic. Antibiotics destroy bad bacteria, but they also kill a significant number of good cells at the same time. Instead, I would focus on what you want the child to do and then decide on how to encourage that behavior. In this case, the new question we could ask ourselves is "How do I encourage my seven-year-old daughter to be more cooperative with her sister and playmates?" With this question, the following steps could be helpful:

Teach the victims of her bossiness to use their assertive BIG voice in setting a limit on the seven-year-old's behavior. [Shubert's BIG Voice](#) is an excellent resource toward this end. For example, if the child pushes her sister, go to the sister first and say, "Your sister just pushed you. Did you like it?" When she says, "No," tell her to say, "Stop, I don't like it when you push me." In bullying and bossy situations, it is imperative to go the victim first, empowering children how to deal with these situations. More often than not, we chase after the aggressor saying such things as, "Was that nice? How would you like it if people treated you like that?" or "Why are you doing this?" or, "That's mean, go to your room." None of these comments teaches either child what to do in social settings.

1. Teach the bossy child another way of communicating. Turn to the aggressive child next and set a limit. "You wanted your sister to move so you pushed her. You may not push, pushing hurts. When you want you sister to move say, 'Move, please.' Say it now for practice."

This process of teaching will take some time. Research indicates that for a child to learn a new skill or concept it takes 2000 times in context. The good news is that you no longer need to ask your child, "How many times do I have to tell you?" because now you know the answer... 2000. Stick with it; change will happen as your children internalize these new skills.

MERRY CHRISTMAS from
BETHANY LUTHERAN PRESCHOOL

Miss Leticia
♡

Miss Jennifer



Ms. Kathy
♡

Miss Angela

Miss Mandy

♡ Miss Tabitha

Miss Melanie!



Ms. Debbie
♡

Miss Jimmy
♡

Miss
Kara

♡ Miss Lauren J.

Miss Lauren



♡ Miss
Vannessa
😊

♡ Miss
Alicia
♡