

The Bear Cub Facts



INSPIRING LIFE-LONG LEARNING
THE SCHOOLS OF BETHANY LUTHERAN
CULTIVATING CHRISTIAN CHARACTER

“You are so loved.” John 3:16

Upcoming Events & Dates to remember

Preschool Re-registration is OPEN

Believe it or not, it is time to start thinking about the next school year and enrollment at Bethany Lutheran Preschool! Please take a moment to read this article.

Here at Bethany we use a “continuous enrollment” process, which means we will assume your children are returning to Bethany for 2021-2022 and will hold their spot unless we hear differently from you (and we sincerely hope we do not!) All you need to do is log into Gradelink and complete the re-enrollment questions. (You can do this at any time, but we’d love it if you’d complete it by March 1. Here’s how:

Go to secure.gradelink.com

- Log into Gradelink using your regular parent login information. (If you have forgotten your login information please email us and we will email you with the info!)
- Click on “Re-enroll Me” and complete the prompts.

Please note that families who are returning to Bethany have first priority in enrollment. Again, as part of “continuous enrollment,” we will assume your children are returning and will charge your FACTS account for:

- Re-registration fee (\$170 per child. We will charge the fee on March 1. If you need a different arrangement, please let us know.)
- Please note that the registration fee is non-refundable.
- As a reminder, 2020-2021 Scrip rebates may be applied to your last 2020-2021 tuition payment.

The 2021-2022 tuition and fee schedule is included on the back of this letter. Please know that our goal is to keep any tuition increases as reasonable as possible. We want to carefully balance the financial demands on our families with the goal of providing an exceptional quality Christian education while accounting for the effects of inflation and the state minimum wage increase. The 2021-2022 tuition and fees increase was voted in by our Board of Schools specifically to continue supporting our valuable teaching staff.

⇒ February 8 Preschool Re-registration **OPENS**

⇒ February 8 & 9 Vision Screening

⇒ February 11 Grandparents Day ****CANCELLED**

⇒ February 11 -Half day- NOON DISMISSAL for conference prep

⇒ February 12 Preschool CLOSED for virtual parent/teacher conferences

⇒ February 15 Preschool CLOSED for President’s Day

Chapel

Today, Karl and Frankie the Flamingo share the Bible story of The good Samaritan. To view chapel please click on the following link:

Link: <https://vimeo.com/508680561>

CALENDAR CHANGE-

Grandparent's Day is CANCELLED, but it will remain a 1/2 day with a noon dismissal so teachers can prepare for teacher/parent conferences

Little League Information

Little League Baseball

A Coach Pitch/T-Ball team with a number of players from the Bethany family has been formed and we'd like to invite your child to join! Several kids have already signed up with more kids considering joining too.

The Village Baseball Little League Coach Pitch Program (T-Ball) focuses on providing an experience that is grounded in fun and fitness. Our goal is to help grow a child's love for the game by providing a positive introduction to the fundamentals of baseball. We focus on the importance of team-building and gaining confidence. Coach Pitch is a fun activity that nurtures and grows well-rounded ballplayers.

Players who are league age 4-6 (by August 31, 2021) are eligible for a Coach Pitch team. Please see attached flyer for some more details, and **sign up by Sunday, January 31st to receive a discount at www.villagebaseball.org.**

This will also help ensure your child's info is received in time before the Hat Ceremony this first or second week of February, (exact time and place TBD).

The Hat Ceremony is a Village Baseball Little League time-honored tradition. Players will learn their team name, receive their team hat, and meet their new coach and teammates. Players will have their first "Team Meeting" and get fitted for their uniforms!

Please contact Ben Koehlinger (Oliver's dad) with any questions at 213.675.0085 or benjamin.koehlinger@alumni.usc.edu and also to let him know once you've signed up so your child can be added to this team. Should be a fun season!

Parent Academy



Conscious Discipline®

How do I handle my child's temper tantrum ?

The core skill that will help you through a temper tantrum is keeping your cool. Your upset will only fuel your child's fire. Instead, use active calming techniques such as deep breathing to help manage these difficult, but developmentally normal fits.

As in any conflict situation, focus on what you want your child to do, model this behavior or state yourself, and notice any hint of success. In terms of tantrums, the behavior or state of being that you want from your child is "calm." Your job is to focus on "calm" and model calmness yourself. This may sound particularly difficult in the face of a screaming 3-year-old, but can we really expect a 3-year-old to keep his cool if we can't stay cool ourselves? Here's an example:

Your toddler wants a bag of candy he's spied in the grocery aisle. You say, "No." He crashes to the floor, screaming. You're feeling angry, embarrassed, exhausted and at your wits end. You feel like everyone's looking at you.

First, take three deep breaths to help calm the stress response in your body. Then, discipline yourself with the affirmation "I'm safe. Keep breathing. I can handle this." Way to go! You've just set the internal foundation needed to teach your child how to handle frustration and become calm! Now you can address your upset child.

Be encouraging. Get down at eye level with him and say, "You can handle this. Breathe with me. You're safe." Scoop him up, hold him in your arms and breathe deeply with him. When his body relaxes a little, say, "There you go, you're calming down." Then tell him he has a choice, "You can sit in the cart and hold the list, or you can sit in the cart and hold your truck." Once he makes his choice, celebrate your success together, "You did it! You calmed yourself down and that's hard to do."

Church Newsletters

For the church newsletter and updates please visit the link below <http://www.bethanylutheran.org/contact-us/chimes-newsletters/>