

# The Bear Cub Facts



INSPIRING LIFE-LONG LEARNING  
**THE SCHOOLS OF  
BETHANY  
LUTHERAN**  
CULTIVATING CHRISTIAN CHARACTER

At Bethany He blessed them—

## National Lutheran Schools Week

January is a very special month as our preschool and school celebrates National Schools Week (NLSW). National Lutheran Schools Week provides nearly 2,000 preschools, elementary schools and high schools with the public opportunity to proclaim and celebrate God's work among us in schools of The Lutheran Church—Missouri Synod and to proclaim these great blessings within the communities we serve. We are most grateful for the opportunity to share Jesus' amazing love with children and their families.

National Lutheran Schools Week starts Monday, January 25th and the preschool will be celebrating and showing their pride as Lutheran students with some fun activities.

**Mon. Jan 25** Crazy Hair Day- wear your craziest hair

**Tues. Jan 26** Decade Day- wear your favorite style of clothing from any decade

**Wed. Jan 27** Sports Day- wear athletic wear or team apparel

**Thurs. Jan 28** Tacky Day- no fashion rules, wear your wildest clothes

**Fri. Jan 29** PJ/Cozy Day- wear your pajamas or comfy clothes

\*\*\*If you give a Bethany Bear a Cookie" car parade 5:30-6:30 PM

## Upcoming Events & Dates to remember

⇒ January 25-29 National Lutheran Schools Week (NLSW)

⇒ February 8 & 9 Vision Screening

⇒ February 11 Grandparents Day \*\*CANCELLED

⇒ February 11 -Half day- NOON DISMISSAL for conference prep

⇒ February 12 Preschool CLOSED for virtual parent/teacher conferences

⇒ February 15 Preschool CLOSED for President's

## Chapel

Today, Kayleigh shares the Bible story of Jesus Calming the Storm. To view chapel please click on the following link:

Link: <https://vimeo.com/500640093>

## CALENDAR CHANGE-

Grandparent's Day is CANCELLED, but it will remain a 1/2 day with a noon dismissal so teachers can prepare for teacher/parent conferences

## Little League Information

### Little League Baseball

A Coach Pitch/T-Ball team with a number of players from the Bethany family has been formed and we'd like to invite your child to join! Several kids have already signed up with more kids considering joining too.

The Village Baseball Little League Coach Pitch Program (T-Ball) focuses on providing an experience that is grounded in fun and fitness. Our goal is to help grow a child's love for the game by providing a positive introduction to the fundamentals of baseball. We focus on the importance of team-building and gaining confidence. Coach Pitch is a fun activity that nurtures and grows well-rounded ballplayers.

Players who are league age 4-6 (by August 31, 2021) are eligible for a Coach Pitch team. Please see attached flyer for some more details, and **sign up by Sunday, January 31st to receive a discount** at [www.villagebaseball.org](http://www.villagebaseball.org). This will also help ensure your child's info is received in time before the Hat Ceremony this first or second week of February, (exact time and place TBD).

The Hat Ceremony is a Village Baseball Little League time-honored tradition. Players will learn their team name, receive their team hat, and meet their new coach and teammates. Players will have their first "Team Meeting" and get fitted for their uniforms!

Please contact Ben Koehlinger (Oliver's dad) with any questions at 213.675.0085 or [benjamin.koehlinger@alumni.usc.edu](mailto:benjamin.koehlinger@alumni.usc.edu) and also to let him know once you've signed up so your child can be added to this team. Should be a fun season!

See attached flier for more details.

## Operation Christmas Child Update

475 shoeboxes were packed by our students and friends at the school packing party and annual Thanksgiving dinner last November. We thank God for the Gospel opportunity each of these shoebox gifts represent and appreciate your continued support of this ministry.

We are especially grateful for the colorful handprints of our preschoolers that graced the inside cover of each shoebox with the following message:

*"Place your hands on our handprints and think about us.*

*We prayed for you. Jesus loves you and so do we."*

As we look forward to our 2021 collection efforts, an Operation Christmas Child Committee is being formed under the leadership of one of our church Boards. Please consider joining the team as we work towards increasing our collection totals so that many more children throughout the world will come to know the love and hope found in Christ Jesus. Contact Pastor Seth or Kahana Smith (562-377-3673) for more information.

One of the goals of the Committee is to collect shoebox items each month (to coincide with retail sales), in preparation for our 2021 packing party in November. During the months of January and February, would you help us with donations of washcloths, soap, and toothbrushes? Members of the church will also be assisting us in collecting supplies each month. Look for the Operation Christmas Child container in the school office.

Again, thank you for your support!

## Save the Date: Conferences

Parent/Teacher conferences will be held on Friday, February 12th

7:30AM - 4 PM

Sign-up forms will be posted on your child's sign-in book in a couple of weeks.

## CAR Parade



"If You Give a Bethany Bear a Cookie" Car Parade  
Friday, February 29, 2021.

5:30-6:30 PM

More information to come.

# Parent Academy



## Conscious Discipline®

### What do I do when I think upset or a tantrum is likely to erupt?

Let's face it; some situations are more likely to evoke upset than others. The keys to navigating these rough waters are composure, assertiveness, encouragement and choices. First and foremost, you must remain calm and in control of your own internal state. Breathe deeply and use affirmations to assist yourself in this process. Next, focus on assertive language with your child. Give an assertive command that paints a picture of what you want the child to do. For example, "It's time to get out of the tub. Reach your hands up to the towel."

If the child complies, say, "You're doing it! Your arms are up just like this (model for the child)."

If the child refuses, say, "I'm going to help you start getting out."

If the child complies this time, say, "That's it. You're doing it. It's hard to stop when you are having fun."

If the child refuses and turns or jerks away, notice the child's body by saying, "Your arms went like this (demonstrate) and your head went like this (demonstrate)."

When your child looks to see what you are doing, take a breath and say, "There you are!" Then offer two positive choices such as, "You can get out of the water and into the towel or you can pull the plug and then get into the towel. Which do you choose?"

### Church Newsletters

For the church newsletter and updates please visit the link below <http://www.bethanylutheran.org/contact-us/chimes-newsletters/>